

# Manchester, ENG:

UAL eTicket Number: ~~0162339491474~~ — ~~800-538-2929~~ — — —  
UAL Reference Code: JNGETM

www.checkmytrip (not UAL) — — — e1ual — UAL Freq. Flyer: 032789600 (20)

## FLIGHT INFO: JAC > MAN

SERVICE	DATE	FROM	TO	DEPART	ARRIVE	Seat
UA 682	11SEP	JAC	ORD	0751am	1139am	
NOTE: Flt Time: 2hr 48min Connect Time: 2 hr 26 min						
37D						
UA 1620	11SEP	ORD	EWR- Liberty	1405pm	1726pm (2:05pm)	
NOTE: Flt Time: _____ Connect Time: 2 hr 9 min						
UA 20	11SEP	EWR	MAN	1935pm	0740am (7:35pm) (ARV	
NOTE: Flt Time: _____ TOTAL FLT TIME: 10 hr 10 min						
912)						
Seat: 34F						
Seat: 39F						

## Manchester Airport (MAN) > Carlisle:

ARV MIA @ 7:40am

DPT MIA: 1200 pm ARV CAR: 1410 (2hr 10m) L48

1300 pm ARV CAR: 1506 (2h 6m) L48

## First Transpennine Express. TRN

Come out departure gate, look for Station signs (in blue?). UR probably at T2, so should be heading right. a long travelling walkway to negotiate. If you have luggage, take the lift down to the station at the end of the walkway. You can buy your ticket at the Station. Ask platform no. (there are not many). If in doubt, ask someone in uniform or any other travellers. Keep your eyes on the platform signs and ears for announcements.

**NITE 1** 12/09/2012

**CARLISLE:** :

**ACCM:** **Langleigh House:**

Langleigh GH Yvette & Norman, 6 & 14 Howard Place

Carlisle, CA1 1HR

Tel No 01228 409706 Daytime or 01228 530440 Evening

www.langleighhouse.co.uk

**CAR > Bowness:** TIDES???

**Carlisle > Bowness StageCoach BUS:** Options

1) Next day:

**DPT CAR BUS > Bowness**                    **DPT: 0620am** **ARV BOW: 0700am**  
**Or, DPT: 0935am** **ARV BOW: 1015am**

**START HIKE:**

1. (M45) **Bowness-on-Solway > either Boustead (5-6mi) or Burgh ..Sands (7mi)**

**TO DO:**

(M45) **Bowness-on-Solway:**

Walk about: sea, coastline,  
Church's bells  
Wall stones in the Norman church walls

(M45) **Port Carlisle**

Lock & port: harbour walls

(M44) **Glasson:** Vallum B4 town

(M43) **Drumburg:**

prior Roman fort  
(M43) Drumburgh Castle: heraldic crest & griffins

**NITE 2** Thur 13/09/2012

1a. (M42) **Boustead Hill: (5-6mi)** Nothing

**ACCM:**

Hillside B&B / **BUNK:** L25 / L10

**Sandra Rudd, 01228 576 398**

[ruddhillside1@btinternet.com](mailto:ruddhillside1@btinternet.com)

**Highfield (L38s)**

(M42) **Dykesfield** old RR embankment

-- or--

1b. (M41) **Burgh by the Sands (7mi from Bowness)**

**SITES:**

St. Michael's Church: purloined Wall stones; center of old Rom fort  
INSIDE: pagan face; church tower: pele defensive tower  
Edward 1<sup>st</sup> MON

**ACCM:**

Rosemount: (45s)

2) **Boustead or Burgh > Carlisle** (8mi/7mi respectively > Carlisle)

1. (M40) **Beaumont:** church w/Roman stones, just B4 Vallum,

2. (M40) **Grinsdale**

3. (M39) follow RIV eastward

**NITE 3**

14/09/2012

(M38) **Carlisle:****SITES:**

Nothing Roman in town

Tullie House MUS,

the Castle (p192): Roman artifact exhibit

**ACCM:****Langleigh GH Yvette & Norman, 6 & 14 Howard Place**

Carlisle, CA1 1HR

Tel No 01228 409706 Daytime or 01228 530440 Evening

www.langleighhouse.co.uk

**3) Carlisle** (M38)>**Newtown**(M33)>**Sandysike**(M32)(9.5-10mi > New~,12mi Sandy~)(M37) **Linstock:**

Linstock Castle

Rickerby's towers / turrents

(M36) **Crosby-on-Eden** (5mi from Carlisle)

Church of St. John

(M35) **Nothing IMP** (Blue Bell CampGrnd)(M34) **Oldwall**(M33) **Newtown:** (9.5-10mi from Carlisle)

Road &gt; Brampton

**ACCM: Ideally , go on to Sandysike BUNK** (40min/ 2mi > Sandysikes)

Newtown Farm (L40s)

**NITE 4** 15/09/2012(M32) **Sandysike Bunkhouse** p178 (L10 + L6 bedding)**Richard confirms OK at this time, food also**Richard, **Sandysike Farm B&B, Bunkhouse**

Sandysike House, Walton, Brampton, Cumbria CA8 2DU

Tel: 016977 2330 sandysike@talk21.com

**6) Sandysike to Gilsland (8 mi) > Greenhead (10 1/2mi)**

(M32) **Walton:** former milecastle, Roman abutment

**ACCM:**

Low Rigg Farm (L35)

Walton High Rigg (L40s)

(M31) **actual wall remnants begin**

wall sections as boundary markers

Snack hut

Lanercost Priory w/wall stones

Hare Hill Hi wall chunk w/'spp' carved

(M30) **Banks:**

Turrent 52, Pike Hill signal tower, Turrent 51, Piper Sike Turrent 51a, Roman quarry, Valuum view

(M29) **Wall Burn:**

Vallum walk (brief), Turrent 49b,

VISIT: Birdoswald Fort (p172): several items

Roman inscription, Milecastle 49, Irthing Bdrge, Roman brdige abut, Orig Roman Wall

(M28) **Gilsland:**

**SITES:**

Turrent 48b, Narrow wall EX, Turret 48A, Poltross Burn Milecastle 48, Roman ditch walk,

**ACCM:**

BB: Samson INN (L40s)

Bush Nook (L45)

?: Willowford Farm (L50)"whacking good bit of Wall"

Gilsland Spa Hotel (L55s)

Brookside Villa (L55s)

Hill on the Wall (L50s) 90 beds

**Ideally, go on to**

**NITE 5** Sun 16/09/2012

(M27) **Greenhead** (p166) (side town > S) pub w/food

**SITES:**

Roman ditch,

Thirlwood Castle (just past Greenhead intersection)

**ACCM:**

**Greenhead Hostel** (YHA) (L15) Sue & Dave 01697 747411

[enquiries@greenheadhotelandhostel.co.uk](mailto:enquiries@greenheadhotelandhostel.co.uk)

[greenheadhotelandhostel.co.uk](http://greenheadhotelandhostel.co.uk)

**Holmhead Camping Barn** w/ **Rental BAGS** (L13 + L4)

[bandbhadranswall.com](http://bandbhadranswall.com)

Greenhead Hotel (L40s)

**7) Greenhead (M27) > Steel Rigg & Once Brewed (M23) (8 mi) :**

(M27) **Carvoran (Magna) area:** Walltown **toilets**, Roman ditch, 13 course Wall, Turret 45a

(M26) **Walltown Crag:** & Turret 44b, Wall bits, Roman milestone, **E VIEWS**

(M25) **Great Chester's Fort:** altar,

**INTERSECTION** S > Haltwhistle

(M25) **Haltwhistle** (p160, 160m)(**6.5mi**) (**almost ½ way point**)

**Walking to/from:** DIRECS: p158:

**SITES:** BANKs, Bastle houses, Pele tower, execution square, **Roman milecastle entry arch, Roman bath, Roman latrines,**

**ACCM:**

Ashcroft (L50s)

Manor House HOT: (L39s)

(M24) **Caw Gap including: Milecastle 42, Turret 1a**

GUD Wall @ map start

(M23) **Steel Rigg: Winshield Crag,**

**SITES:**

Wall: well made, Vallum >S; **Greenslack: highest point;**

**S @ Steel Rigg > Once Brewed**

**NITE 6** Sun 17/09/2012

(M23) **Once Brewed** (8mi from Greenhead)

**SITES:**

Turret ? & Wall bit

**ACCM:**

**YHA Once Brewed Hostel:** 12 beds ?, p 152 (L22) **open 2pm & 4pm** (also Pub next door)

**Hostelbookers & Hostelworld**

**YHA:** <http://www.yha.org.uk/hostel/once-brewed>

Twice Brewed INN:(L34s)

**BUNK:** Winshields Farm Campsite:12 beds (L12) **Bag rental -Yes; cost?**

email: [winshields-bardonmill@btconnect.com](mailto:winshields-bardonmill@btconnect.com)

**8) Once Brewed (M23) > Old Repeater STA (Coesike) (6.5mi)**  
(Best for time to see forts)

or **Brocolita** (10.5)

or **Green Carts Farm** (M17) (11.75mi)

(M22) **Sycamore Gap (Kostner)**: Milecastle 39, Wall, SG **swastka**, ORIG Wall ( just past crags) , Military Way, Milecastle 38

(M22) **Vindolanda Fort (>S) (p155)**

### **How > access???**

(M21) **Housteads Fort BEST FORT: p148:**

**SITES: GEN:** long Wall Clayton's Wall -- **can be walked on**), x Pennine Way trail, Milecastle 37, (after Housteads) Roman well

**ACCM:** Beggar Bog Farm (L45s)

(M20) '**Busy Gap**': **W VIEWS**, Wall bit, Wall bits, Sewing Shields Turret 35a, Milecastle 35, **FULL Wall w/ Saxon Crypt**

**NITE 6** Mon 18/09/2012

(M19): **Coesike Turret 33b**: Grindon Turret34a: Grindon Milecastle 34, Vallum , Milecastle 33, defensive Roman ditch

**ACCM:**

**Old Repeater STA B&B:** 2 bunk rooms (L22P) **6 mi from once brewed**

Hadrian's Lodge Bunkhouse: (L25)

**9) Coesike Turret 33b (M19) > Wall (Town of) (M16) (9.25mi)** REMOTE area???

(M18) **Brocolita Roman Fort (p140)**: Mithras Temple (p142)

(M17) **Limestone Corner** (whinstones) **Northern most point**

Roman whinstones abandoned in ditch, Turret 29aBlack Carts Wal section (good) w/nearby Turret 29a, Milecastle 'shape' in ground,

**ACCM;** Green Carts Farm: (L40s) **Bunkhouse:** (L22), Camping Barn **Bag rental**

(M16) **Chollerford:** ditch overview,

(M16) **Wall (Town of WALL S of Chollerford: p120)**

**ACCM:** The Hadrian Hotel (L45s) in Town of

**SITES:**

BEFORE Chollerford: Chester's Fort: MUS, Roman Baths;

AFTER Chollerford:

1) Brunton Turret (finest), 2) Roman bridge abutment (**phallic symbol**)

**10) Wall (Town of) (M16) > Hexam (M13e-13d & p135m) (9mi)**

(M15) **St. Oswald's Hill Head**

**SITES:** Planetree's culvert (p120)

**TURN S/R > Acomb @ large cross @ Heaven Field INTERSECTION**

**Corbridge - Hexam - Acomb ALT: (ideal on Mondays (p110)**

(M13e) **Acomb: nothing**

**ACCM:** Sun INN: (L45s)

(M13d) **Hexam (p132 - town map) medieval town center**

**SITES:** banks, trekking shop, supermarket

Hexam Abbey: (p134): memorial stone

Old Gaol:

**ACCM: TIC \*** (see p132map)

Queensgate House: (L25)

(Best)West Close House: (L33)

**11) Hexam** (M13e-13d) > **Wallhouses** (M11) (14¼mi)  
(M13c) **Dilston Park**: Duke's House,

(M13b) **Dilston**: Past Dilston: Roman stones

(M13b) **Corbridge**: (p129 - town map)

**SITES:**

**IN Town**: St. Andrew: Pele tower, Roman gateway, King's Oven

**NW of Town**: Old Roman Town: (p130): MUS, granaries, , Fountain, various civilian bldgs,

**ACCM:**

The Hayes: (L34s)

(M13a) **E Corbridge/Hexam/Acomb ALT INTERSECTION route > HAD's WALL**

**First Newcastle view**

**OPT 1: Roman Dere Street** route N to HAD's WALL: Port Gate\*

A little bit > S of turnabout

**OPT 2: Leazes Lane** route N to HAD's WALL: Halton Castle

(M13) **Halton Chester's Roman Fort**

**Halton Castle**

(M12) **Halton Shields**: quarry in Vallum, **rest stop, fantastic Vallum**

(M11) **Wallhouses/E Wallhouses**: Roman ditch, , more ditch, step dn into ditch,

**ACCM:**

Matfen High House B&B: (L30)

**12) Wallhouses** (M11) > **Newcastle** (M3)

(M10) **Harlow Hill**: Roman ditch, **2 lakes on either side (rest stop), pig frm,**

(M9) **Rudchester Fort**: Roman ditch, faint Vallum, ronsde, Rudchester (un-excavated);

**Milecastle Numbers explanation box** p112

(M8) **Heddon-on-the-Wall**: **GUD LAST night B4 Newcastle? > New (10mi)**

**stones embedded in rd embankment, faint Milecastle 13 platform,**

OPTION: **Either take shortcut, drop pack and walk to WALL section or walk > Wall section & on to Houghton N Farm**

**ACCM:**

Shortcut > **Houghton N Farm** (hostel-like) (L25)

Rambler's Repose: (L35)

(M7) **Ryton Island**: LAST HAD's WALL signpost, dismantled hst. RR, Wylam waggonway (p106)

(M6) **Newburn / Lemington**:

(M5) **Scotswood**: dismantled RR turned path

(M4) **Paradise / Elswick:** end of RR/pathway, begin riverside walk, Dunstan Coal staithes  
William Armstrong - hist industrialist explanation box p100

(M3) **NEWCASTLE** : downtown bridges , St Lawrence

**NEWCASTLE:**

**ACCM:**

Euro Hostel

44 845 490 0371

BP Newcastle Hostel 44 191 340 7334

Albatross Hostel

44 191 233

1330

**HIKE BALANCE: REVERSE FORMAT: E > West**

(M1) **Wallsend:**

**SITES:**

Secedunum: Wall reconstruction bit,

Wall bit,

Plaques > Hadrianus Augustus

Milepost

(M2) **Byker, & St Anthony's Point**

**Just walking back**

(M3) **REFERENCE AGAIN**

**Newcastle > Edinburgh,**

**TRN**(1 ½hr, 23L): NCL > Wav(EDB) RR STA

**BUS** (½hr, 4L)(Airlink 100 BUS \* ): Wav(EDB) RR STA > EDI

**Air: EDI > JAC**

UAL eTicket Number: ~~0162339491474~~ ~~800-538-2929~~  
UAL Reference Code: JNGETM

www.checkmytrip (not UAL) e1ual UAL Freq. Flyer: 032789600 (20)

**FLIGHT INFO: Edinburgh (EDI) > JAC**

SERVICE	DATE	FROM	TO	DEPART	ARRIVE
UA 109	01OCT	EDI	EWR	1205 pm	1450pm
				(12:05pm)	(2:50pm)
<b>NOTE:</b>		Flight Time: N/A	Connect Time: 1 hr 44 min		
Seat: 29E					
UA 485	01OCT	EWR	DEN	1634pm	1847pm
				(4:34pm)	(6:47pm)
<b>NOTE:</b>		Flight Time: _____	Connect Time: 56	Connect Time min	
UA 529	01OCT	DEN	JAC	1943pm	2106pm
				(ARV 9-11)	(7:43pm)
(7:06pm)					Seat: 38F
<b>NOTE:</b>		Flight Time: 2hr 10min	TOTAL FLT Time: 10 hr 10 min		

**ITIN:** Traveline: [www.traveline.org.uk](http://www.traveline.org.uk) *may not be useful to use*

**Alt #2: TRANS: US > Edinburgh, Scotland:**

**AIR:**

**US > Glasgow (GLA) (RT\$1200) or**

**Airport > TRN???**

**TRN: Glasgow (GGT) > Carlisle (CAR):** <http://www.nationalrail.co.uk/>

**Nat'l Rail:**

**W Coast Main Line:** [www.westcoast.co.uk](http://www.westcoast.co.uk)

Virgin Trains: [www.virgin.com/trains](http://www.virgin.com/trains)

[www.northernrail.org](http://www.northernrail.org)

[www.nationalrail.co.uk](http://www.nationalrail.co.uk)

[www.nationalexpress.com](http://www.nationalexpress.com)

[www.virgintrains.co.uk](http://www.virgintrains.co.uk)

[www.crosscountrytrains.co.uk](http://www.crosscountrytrains.co.uk)

[www.tpexpress.co.uk](http://www.tpexpress.co.uk)

**BUS: AD122:** [Bryan.Scott@hwhl.co.uk](mailto:Bryan.Scott@hwhl.co.uk)

**93 Carlisle > Bowness-on-Solway**

**TRANS: US > Edinburgh( ), Scotland:**

**AIR:**

**US > Edinburgh ( EDI) (RT\$1100)**

**US > Newcastle (NCL) (rt \$1200)**

**TRN: Edinburgh (GGT) > Newcastle (NCL):** <http://www.nationalrail.co.uk/>

**Nat'l Rail:**

**E Coast main Line:** [www.eastcoast.co.uk](http://www.eastcoast.co.uk)

Cross Country Trains: [www.virgin.com/trains](http://www.virgin.com/trains)

[www.northernrail.org](http://www.northernrail.org)

[www.nationalrail.co.uk](http://www.nationalrail.co.uk)

[www.nationalexpress.com](http://www.nationalexpress.com)

[www.virgintrains.co.uk](http://www.virgintrains.co.uk)  
[www.crosscountrytrains.co.uk](http://www.crosscountrytrains.co.uk)  
[www.tpexpress.co.uk](http://www.tpexpress.co.uk)

**TRN: Newcastle > Carlisle**

**Newcastle & Carlisle RW L15**

06:47 NCL	08:13 CAR	0	1h 26m	
08:24 NCL	09:57 CAR	0	1h 33m	
09:26 NCL	10:48 CAR	0	1h 22m	
10:22 NCL	11:57 CAR	0	1h 35m	

**BUS: Newcastle > Carlisle**

**Ad122: Carlisle > Bowness on Solway** [Bryan.Scott@hwhl.co.uk](mailto:Bryan.Scott@hwhl.co.uk)

**Route 685 (New~> Carlisle)** <http://www.travelnortheast.co.uk/downloads/bustimetables/stagecoach/STN685.pdf>

**Carlisle > Bowness-on-Solway**

**Route 93: Carlisle, Port Carlisle, Bowness-on-Solway (Bus Co: Cumberland, WhiteHaven)**

**Route 71:**

**Carlisle:**

Ideal early morn ARV (GLA) , then > GGT (TRN) > Carlisle > BUS 93> Port Carlisle (Overnight) then Bus 93 > Bowness (early morn & begin hike) **Thru 10-3-2011**

**NOTES:**

We caught the train from Newcastle to Carlisle to walk coast to coast along Hadrian,s wall west to east

The three of us caught the bus from Carlisle which dropped us directly outside Hesketh House Bed and Breakfast.

**Timing:**

**when: early (?) Sep, finish B4 Sep end**

**daylight: 14 hrs, 6am - 8pm**

**How long:**

**Hike Inventory:**

**Rain coat & pants**

**Shoes**

Plastic inner sock protectors  
Show gaiters Modified INTO gaiters  
Water proof DAYPAK  
Mini air horn

## HIKE CAUTIONS:

**START: Bowness-on-Solway:**

Check tides in Solway Marshes sections p192

## TO DO/GET:

Gaiters modified to cover boots

Pico Gear mini-lites

**Explorer OL43 map, titled "Hadrian's Wall; Haltwhistle & Hexham."**

**pg34: need map of Newcastle streets to explain pg 37-42 notes**

## NOTES: "Hadrian's Wall Path" Mark Richards

Passport Scheme: May1st – Oct 31

[www.nationaltrail.co.uk/hadrianswall](http://www.nationaltrail.co.uk/hadrianswall) All updated trail info includ PP Scheme booklets

Had. Wall Conservation Corridor [www.theromanring.com](http://www.theromanring.com)

TIDES: p192 Check Bowness tides in marshes: looks OK **Essential Companion** for Had's

Wall: 01434 322002; [haltwhistle@btconnect.com](mailto:haltwhistle@btconnect.com) Safari think it is a bogus site

Ravenglass & Eskdale Railway - Ravenglass

15 inch narrow gauge railway carrying passengers from the old Roman Port of Ravenglass seven miles along the Eskdale Valley, by steam or diesel engine.

[www.ravenglass-railway.co.uk](http://www.ravenglass-railway.co.uk)

City Trail booklet from : Guildhall TIC & TIC in Central Arcade of Grainger St

Traditional song "The Keel Row"

vocab: coal staithes, pg48 dingle, dene,

Music-hall song "Blaydon Races"

**ACCM: p42 B - barn or bunkhouse; H - hostel (3)**

**Port Carlisle: BB: Hesketh House (many rules), Hope & Anchor - L35s; (???) camping**

**barn:**

**Carlisle: H (YHA), BB(3)**

## Wikitravel:

## Orientation

Edinburgh's historic centre is bisected by Princes Street Gardens, a broad swathe of parkland in the heart of the city. Southwards of the gardens is the castle, perched on top of an extinct volcanic crag, and flanked by the medieval streets of the Old Town following the Royal Mile along the ridge to the east. To the north of Princes Street Gardens lies Princes Street itself - Edinburgh's main shopping boulevard - and the Georgian period New Town, built after 1766 on a regular grid plan

## SITES:

**Edinburgh Pass** For the budget-conscious and/or avid sightseer, the [22] (<http://www.edinburgh.org/pass/>) is well worth bearing in mind, offering a maximum of £155 worth of entry to 27 of Edinburgh's top attractions, a 90-page guidebook, retail and restaurant offers and discounts. All this, as well as free public transport around the city and airport transfers. A one-day pass costs £29, two days £39, three days £49 (2011 prices). Can be purchased online or at Tourist Information Centres.

### Old Town:

**Edinburgh Castle**, [25] (<http://www.historic-scotland.gov.uk/edinburghcastle>) . home of Edinburgh Tattoo, a magnificently situated royal fortress located on OO highest city points; continuously in use for 1000 years; in excellent condition.

### Cannons on the northern defenses of Edinburgh Castle

**Abbey and Palace of Holyroodhouse**, [26] (<http://www.royal.gov.uk/output/page559.asp>) Palace: royal residence, hosts the Queen's Gallery containing a Royal Collection of art.

**St Giles' Cathedral**; [27] (<http://www.stgilescathedral.org.uk/>) — historic City Church of Edinburgh; aka High Kirk of Edinburgh taking name from city's patron saint.

**Mary King's Close**, [28] (<http://www.realmarykingsclose.com/>) — Warriston's Close (opposite St Giles' Cathedral), open daily - a slice of medieval Edinburgh's history, since closed over in 18th C - haunted.

**Gladstone's Land**, [29] (<http://www.nts.org.uk/web/site/home/visit/places/Property.asp?>) In Lawnmarket at top of Royal Mile; 17th century Old Town tenement (known as a 'Land') decorated with period furniture; impressive painted ceiling.

**Greyfriars Kirkyard**: A very old graveyard in Old Town off the Southwest corner of George IV Bridge; Disney: home of **Greyfriars Bobby** **GOOG**.

**Camera Obscura**, [30] (<http://www.camera-obscura.co.uk/>) — Castle Hill: Over 150 years old, the Camera Obscura focuses light from the top of the tower onto a large dish in a dark room below, allowing a 360- degree view of all of Edinburgh! **GOOG**

**Scottish Parliament**, [31] (<http://www.scottish.parliament.uk/vli/visitingHolyrood/>) , (E end of Royal Mile, opposite Palace of Holyrood House)— unique building designed by Spanish (Catalan) architect Enric Miralles. get necessary(free) tickets to watch the Parliament in session from Public Gallery.

**Scott Monument**, E Princes Street Gardens, New Town, 1846, to commemorate Sir Walter Scott life after his 1832 death, 200 ft Gothic spire -- climb above city centre for fantastic views. £3. edit

**Royal Yacht Britannia**, Ocean Terminal, Leith, Jan-Mar, Nov-Dec 10AM-5PM, Apr-Jun, Sep-Oct 10AM- 5:30PM, Jul 9:30AM-5:30PM, Aug 9:30AM-6PM last entry 1.5 hrs before closing, closed 1 Jan and 25 Dec, £10, seniors £8.75, child 5-17 yrs and students with ID £8.75, children under 5 free - OO Edinburgh's best new attractions, royal apartments & worldwide dignitaries gifts.

**Edinburgh Zoo** , West, [33] (<http://www.edinburghzoo.org.uk/>) . Watch the world famous Penguin Parade.

**Rosslyn Chapel** , South, Take bus number 15 to see this chapel, featured in "The Da Vinci Code" novel and film.

### Museum and galleries

**Museum of Scotland** [34] (<http://www.nms.ac.uk/scotland/>) and **Royal Museum** [35] (<http://www.nms.ac.uk/royal/>) , Chambers St, Old Town tel 0131 247 4422. fax 0131 220 4819. typetalk 18001 0131 247 4422. email [info@nms.ac.uk](mailto:info@nms.ac.uk).

mixes innovative modern architecture w/ best of Scotland's heritage; magnificent airy Victorian atrium now with the **Millennium Clock** at one end - arrange to be there when it is chiming; Scottish pottery & Roman weapons & Renaissance. M-Sa 10AM-5PM with extended opening to 8PM on Tuesdays, and Su noon-5PM. Free.

**Fruitmarket Gallery**, 45 Market St, behind the Edinburgh Waverley Rail Station, Old Town [38] (<http://www.fruitmarket.co.uk/>) . Aims to find the most appropriate way to bring artists and audiences together. It is a not-for-profit organization and a registered charity. M-Sa 11AM-6PM, Su noon-5PM. Free.

There are a number of independent galleries in the **St Stephen Street** area of Stockbridge

## Do

Refer to the district articles for listings.

Walk along **Water of Leith**, small river meandering through Edinburgh, peaceful haven from busy city.

Check out the Leith or Stockbridge and Canonmills sections of the route.

**Arthur's Seat**. extinct volcano to E of city centre = fantastic views from summit -

# OLD, probably unusable

**2a) Glasgow:** (2a-68L; 2b-50L) NO! Cuz 2 changes including a BUS just from airport > Glasgow, then the TRN > CAR

**AIR:** JAC > GLA **1 ¼ D**, TRN > Carlisle, BUS (**Send LUG > NC**) > Bowness (Luggage: Carlisle > Newcastle) THEN

Hike > Newcastle, **TRN > Edinburg, Air: EDI > JAC**

2b) AIR: JAC > GLA 1 ¼ D, TRN > Carlisle, BUS (Send LUG > NC) > Bowness (Luggage: Carlisle > Newcastle) THEN  
Hike > Newcastle, **TRN > London, Air: LHR > JAC**

3a) AIR: JAC > LHR 1 ¼ D, TRN: LHR > TRN STA (1/2hr), KC TRN STA> Newcastle (3hr)(LV LUG), BUS > Carlisle (1/2hr), BUS > Bowness 1/2hr) THEN  
Hike > Newcastle, **TRN > Einburgh, Air: EDI > JAC**

3b) AIR: JAC > LHR 1 ¼ D, TRN: LHR > TRN STA (1/2hr), KC TRN STA> Carlisle (Send LUG), BUS > Bowness (½hr) THEN  
Hike > Newcastle, **TRN > London, Air: LHR > JAC**

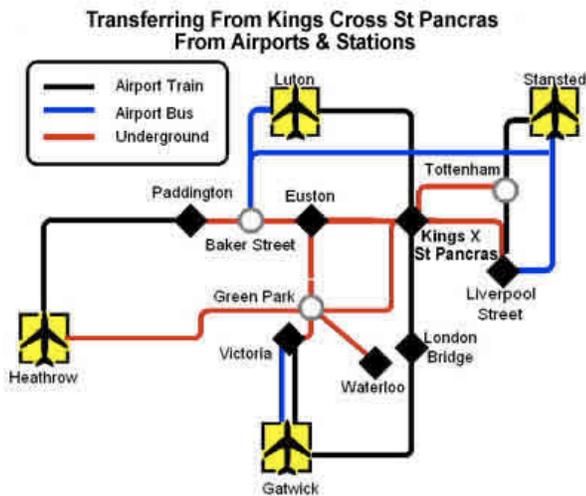
3c) AIR: JAC > LHR 1 ¼ D, TRN > Carlisle (Send LUG), BUS > Bowness THEN  
Hike > Newcastle, **TRN to Edinburgh, Air: EDI > JAC**

3d) AIR: JAC > LHR 1 ¼ D, TRN > Carlisle (Send LUG), BUS > Bowness THEN  
Hike > Newcastle, **TRN to London, Air: LHR > JAC**

**Alt #1: TRANS: US > London, ENG:  
AIR:**

**US > London (, Heathrow or GLA) () or (ARV next day) \$1050/ \$660L**

**Airport > King’s Cross & St Pancras TUBE station (shared w/ Lon. King’s Xing RR STA)  
Via Heathrow Express Airport TRN \$19L / (15min)**



Schematic Of Public Transport Between London Airports and Kings Cross St Pancras

**London King’s Crossing RR STA:** S terminus of [East Coast Main Line](#): Newcastle. \$64L /8am (3hr) // \$138L/8:30am(3hr)// \$100L / 10:19am (1 ½hr)  
Approx. Total: JAC to Newcastle: \$1182 / \$745L + London OVN

**Training Walks:**

**NOTE: pak weighs 2.6 #, 1 6Pak soda + 6#8-21 N-S <3mi**

**52 min 35 sec**

**8-22 S-N <3mi 48 min 35 sec w/ 2 Schweppes paks**

**8-26 N-S**

50 min

after 5 hr of hard labor on 330

concrete

cracks

8-28 S-N 1<sup>st</sup> lap 52 min 30 sec w/ 2 Schweppes paks/ no poles

N-S 2<sup>nd</sup> lap 53 min 30 sec

10-3 N-S 50 min 35 sec w/ pole , but no poles

**AIR: JAC > EDI,**

**1) BUS (½hr, 4L)(Airlink 100 BUS \* ): EDI > Wav(EDB) RR STA**

\* just outside DOM ARV: Stand 19

**2a) TRN (NCL-CAR\*\*) (1 ½hr, 23L) (LV LUG): Wav(EDB) RR STA > NCL**

\*\* Citadel STA

**TRN (1½hr, 14L): NCL > CAR:**

**BUS: ( ): CAR > Bowness:**

**Or,**

**2b) TRN (CAR direct) (1¼hr, 19L) (Send LUG \$40): Wav(EDB) RR STA > CAR**

**BUS: ( ): CAR > Bowness:**

If this route arrange for LUG STOR at NCL hostel